

PROJECT ID - (001) EFSA RS

Subject ID	FQ-ADNS0861
Subject name	
Interview date	
Date of birth	
Gender	G1 x- M
e-mail	

PRESCREENING QUESTIONS

POPULATION GROUP	<input type="checkbox"/> Adolescents <input checked="" type="checkbox"/> Adults <input type="checkbox"/> Elderly <input type="checkbox"/> Pregnant <input type="checkbox"/> Vegetarians <input type="checkbox"/> Toddlers <input type="checkbox"/> Children <input type="checkbox"/> --- <input type="checkbox"/> other
AGE GROUP	<input type="checkbox"/> 01-03 <input type="checkbox"/> 04-09 <input type="checkbox"/> 10-14 <input type="checkbox"/> 15-17 <input checked="" type="checkbox"/> 18-24 <input type="checkbox"/> 25-44 <input type="checkbox"/> 45-64 <input type="checkbox"/> 67-74 <input type="checkbox"/> 15-30 <input type="checkbox"/> 31-49 <input type="checkbox"/> 18-64
AGE IN YEARS	
HEALTH CONDITIONS	<input checked="" type="checkbox"/> normal condition <input type="checkbox"/> lactating (only for women) <input type="checkbox"/> pregnant (only for women) <input type="checkbox"/> chronic/long-term disease <input type="checkbox"/> unclassified <input type="checkbox"/> Other
SPECIAL DIETARY PATTERN	<input type="checkbox"/> normal diet <input type="checkbox"/> vegetarian diet <input checked="" type="checkbox"/> slimming diet <input type="checkbox"/> diet related to health conditions <input type="checkbox"/> unclassified <input type="checkbox"/> other
DO YOU HAVE ANY CHRONIC ILLNESS	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
ARE YOU CURRENTLY FOLLOW A SPECIAL DIET	<input type="checkbox"/> normal diet <input type="checkbox"/> vegetarian diet <input checked="" type="checkbox"/> slimming diet <input type="checkbox"/> Diet related to health condition (unspecified) <input type="checkbox"/> Diet related to health condition (celiac) <input type="checkbox"/> Diet related to health conditions (diabetes) <input type="checkbox"/> Diet related to health conditions (allergy) <input type="checkbox"/> Unclassified
ARE YOU TAKING ANY MEDIATIONS REGULARLY	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Do you suffer from some chronic illness?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Neoplasms ?	<input type="checkbox"/> Yes <input type="checkbox"/> No

Diseases of the blood and blood-forming organs and disorders involving the immune mechanism ?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Endocrine, nutritional and metabolic diseases ?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Mental and behavioural disorders ?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Diseases of the nervous system ?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Diseases of the circulatory system ?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Diseases of the respiratory system ?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Diseases of the digestive system ?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Diseases of the skin and subcutaneous tissue ?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Diseases of the musculoskeletal system and connective tissue ?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Diseases of the genitourinary system ?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Other ?	<input type="checkbox"/> Yes <input type="checkbox"/> No
SMOKING STATUS	<input type="checkbox"/> Never smoker <input type="checkbox"/> Former smoker <input checked="" type="checkbox"/> Current smoker <input type="checkbox"/> other
HOW MANY CIGARETTES PER DAY	<input checked="" type="checkbox"/> less than 10 <input type="checkbox"/> 11-20 <input type="checkbox"/> more than 20

IPAQ	
1. During the last 7 days, on how many days did you do vigorous physical activities	<input type="checkbox"/> No vigorous physical activities -> Skip to question 3 <input type="checkbox"/> 1 day per week <input type="checkbox"/> 2 days per week <input type="checkbox"/> 3 days per week <input type="checkbox"/> 4 days per week <input type="checkbox"/> 5 days per week <input type="checkbox"/> 6 days per week <input type="checkbox"/> 7 days per week
2a. How much time did you spend doing vigorous phys. activity (hours per day)	
2a. How much time did you spend doing vigorous phys. activity (minutes per day)	
2c. How much time did you spend doing vigorous phys. activity (not sure)	
3. During the last 7 days, on how many days did you do moderrate physical activities	<input type="checkbox"/> No vigorous physical activities -> Skip to question 5 <input type="checkbox"/> 1 day per week <input type="checkbox"/> 2 days per week <input checked="" type="checkbox"/> 3 days per week <input type="checkbox"/> 4 days per week <input type="checkbox"/> 5 days per week <input type="checkbox"/> 6 days per week <input type="checkbox"/> 7 days per week
4a. How much time did you spend doing moderate phys. activity (hours per day)	
4b. How much time did you spend doing moderate phys. activity (minutes per day)	
4c. How much time did you spend doing moderate phys. activity (not sure)	
5. During the last 7 days, how many day you walk for at least 10 minutes ?	<input type="checkbox"/> No walking -> Skip to question 7 <input type="checkbox"/> 1 day per week <input type="checkbox"/> 2 days per week <input type="checkbox"/> 3 days per week <input type="checkbox"/> 4 days per week <input checked="" type="checkbox"/> 5 days per week

	<input type="checkbox"/> 6 days per week <input type="checkbox"/> 7 days per week
6a. How much time did you spend walking (hours per day)	
6b. How much time did you spend walking (minutes per day)	
6c. How much time did you spend walking (not sure)	
7a. During the last 7 days how much time did you spend sitting on a week day (hours per day)	
7b. During the last 7 days how much time did you spend sitting on a week day (minutes per day)	
7c. During the last 7 days how much time did you spend sitting on a week day (not sure)	
Self-estimated physical activity	<input type="checkbox"/> low <input type="checkbox"/> medium <input type="checkbox"/> high

DEMOGRAPHICS QUESTIONS

PERSON WHO PROVIDED THE ANSWER	<input checked="" type="checkbox"/> Subject himself/herself <input type="checkbox"/> Father <input type="checkbox"/> Mother <input type="checkbox"/> Other
PLACE OF RESIDENCE	
SETTLEMENT TYPE	<input type="checkbox"/> Rural <input checked="" type="checkbox"/> Urban
REGION	<input type="checkbox"/> Belgrade region <input type="checkbox"/> South-Eastern region of Serbia <input type="checkbox"/> Vojvodina region <input type="checkbox"/> Region of Šumadija and West Serbia
RELIGION	<input checked="" type="checkbox"/> Ortodoxy <input type="checkbox"/> Catholicism <input type="checkbox"/> Islam <input type="checkbox"/> Other
ETNICITY	<input checked="" type="checkbox"/> Serbian <input type="checkbox"/> Other
LABOUR	<input type="checkbox"/> Not applicable <input type="checkbox"/> Working for pay or profit <input type="checkbox"/> Unemployed <input checked="" type="checkbox"/> Pupil, student, further training, unpaid work experience <input type="checkbox"/> In retirement or early retirement or has given up business <input type="checkbox"/> Permanently disabled <input type="checkbox"/> In compulsory military or community service <input type="checkbox"/> Fulfilling domestic tasks <input type="checkbox"/> Currently not at work due to maternity, parental, sick leave or holidays <input type="checkbox"/> Other
OCCUPATION	<input type="checkbox"/> Manager <input type="checkbox"/> Professional <input type="checkbox"/> Technician and associate professional <input type="checkbox"/> Clerical support worker <input type="checkbox"/> Service and sales worker <input type="checkbox"/> Skilled agricultural, forestry and fishery worker <input type="checkbox"/> Craft and related trades worker <input type="checkbox"/> Plant and machine operators, and assembler <input type="checkbox"/> Elementary occupation <input type="checkbox"/> Armed forces occupation <input checked="" type="checkbox"/> Other
EDUCATION	<input type="checkbox"/> Illiterate <input type="checkbox"/> No formal education or below ISCED <input type="checkbox"/> Primary education (ISCED 1) <input type="checkbox"/> Lower secondary education (ISCED 2) <input type="checkbox"/> Upper secondary education (ISCED 3) <input checked="" type="checkbox"/> Post-secondary but non-tertiary education (ISCED 4) <input type="checkbox"/> First stage of tertiary education (ISCED 5) <input type="checkbox"/> Second stage of tertiary education (ISCED 6)

MARITAL STATUS	<input type="checkbox"/> Married <input checked="" type="checkbox"/> Single <input type="checkbox"/> Divorced <input type="checkbox"/> Separated <input type="checkbox"/> Widowed <input type="checkbox"/> Single parent <input type="checkbox"/> other
HOUSEHOLD PERSONS NO	
NO OF ADULTS 18 YEARS AND OLDER	
NO OF ADOLESCENTS 10 - 18 YEARS	
NO OF CHILDREN UP TO 10 YEARS	


ANTROPOMETRY	
HEIGHT (cm)	1
METHOD USED TO MEASURE BODY HEIGHT	<input type="checkbox"/> Measured <input checked="" type="checkbox"/> Self reported <input type="checkbox"/> Unclassified
WEIGHT (kg)	1
METHOD USED TO MEASURE BODY WEIGHT	<input type="checkbox"/> Measured <input checked="" type="checkbox"/> Self reported <input type="checkbox"/> Unclassified
WAIST (cm)	1
METHOD USED TO MEASURE WAIST	<input type="checkbox"/> Measured <input checked="" type="checkbox"/> Self reported <input type="checkbox"/> Unclassified
HIP (cm)	
METHOD USED TO MEASURE HIP	<input type="checkbox"/> Measured <input type="checkbox"/> Self reported <input type="checkbox"/> Unclassified
SYSTOLIC BLOOD PRESSURE hgmm	
DIATOLIC BLOOD PRESSURE hgmm	


FOOD ALLERGY	
Are you allergic to one or more foods?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Cereals containing gluten	<input type="checkbox"/> Yes <input type="checkbox"/> No
Crustaceans and products thereof	<input type="checkbox"/> Yes <input type="checkbox"/> No
Eggs and products thereof	<input type="checkbox"/> Yes <input type="checkbox"/> No
Fish and products thereof	<input type="checkbox"/> Yes <input type="checkbox"/> No
Peanuts and products thereof	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Soybeans and products thereof	<input type="checkbox"/> Yes <input type="checkbox"/> No
Milk and products thereof	<input type="checkbox"/> Yes <input type="checkbox"/> No
Nuts (almonds, hazelnuts, walnuts,...)	<input type="checkbox"/> Yes <input type="checkbox"/> No
Celery and products thereof	<input type="checkbox"/> Yes <input type="checkbox"/> No
Mustard and products thereof	<input type="checkbox"/> Yes <input type="checkbox"/> No
Sesame seed and products thereof	<input type="checkbox"/> Yes <input type="checkbox"/> No
Molluscs seed and products thereof	<input type="checkbox"/> Yes <input type="checkbox"/> No


Has your food allergy been diagnosed by a physician?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Do you systematically avoid all foods to which you are allergic to ?	<input type="checkbox"/> Yes <input type="checkbox"/> No


FOOD CONSUMPTION


Milk and dairy products

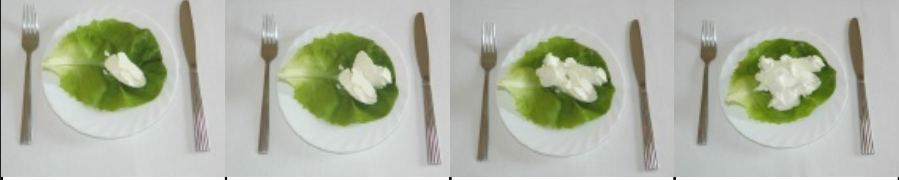
MILK /MLEKO	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week				
	100.00(ml)	250.00(ml)	500.00(ml)	1000.00(ml)

CHEESE (KACHKAVAL, EDAMER I SL.) /SIR (KACKAVALJ, EDAMER)	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week				
	25.00(g)	50.00(g)	75.00(g)	100.00(g)


SMOKED CHEESE /SIR DIMLJENI	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week				
	25.00(g)	50.00(g)	75.00(g)	100.00(g)

SOFT WHITE CHEESE /SVEZI KRAVLJI SIR	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week				
	25.00(g)	50.00(g)	75.00(g)	100.00(g)

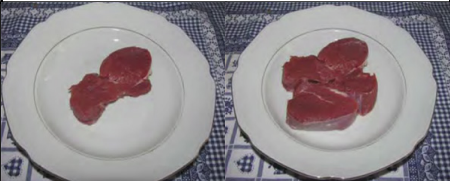
YOGHURT /JOGURT, KEFIR	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week				
	100.00(ml)	250.00(ml)	500.00(ml)	1000.00(ml)

SOUR CREAM, CLOTTED CREAM, CHEESE SPREAD... /PAVLAKA	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week				
	25.00(g)	50.00(g)	75.00(g)	100.00(g)

Eggs

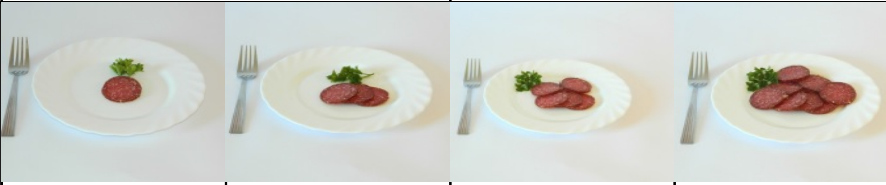
EGGS (ANY PREPARATION METHOD) /AJAJE	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week				
	60.00(g)	90.00(g)	120.00(g)	150.00(g)

Meat and meat products

RED MEAT (PORK, BEEF, LAMB,VEAL) /MESO	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week				
	50.00(g)	100.00(g)	150.00(g)	200.00(g)

CHICKEN AND TURKEY /ZIVINSKO MESO (PILETINA, CURETINA)	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week	50.00(g)	100.00(g)	150.00(g)	200.00(g)

OFFAL /IZNUTRICE	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week	50.00(g)	100.00(g)	150.00(g)	200.00(g)

PROCESSED MEAT (PÂTÉS, HOT-DOGS, SAUSAGES, SALAMI) /MESNE PRERADJEVINE (PASTETA, VIRSLA, SALAMA...)	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week				
	25.00(g)	50.00(g)	75.00(g)	100.00(g)

SMOKED MEAT /DIMLJENO MESO	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week	50.00(g)	100.00(g)	150.00(g)	200.00(g)

Fish and seafood

SEA FISH /MORSKA RIBA	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week				

5) 2-3/week 6) 4-5/week 7) 6-7/week				
	50.00(g)	100.00(g)	150.00(g)	200.00(g)





FRESHWATER FISH /RECNA RIBA	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week				
	50.00(g)	100.00(g)	150.00(g)	200.00(g)





SMOKED FISH /DIMLJENA RIBA	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week				
	50.00(g)	100.00(g)	150.00(g)	200.00(g)

CANNED FISH (TUNA, SARDINS...)/RIBA IZ KONZERVE	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week				
	25.00(g)	50.00(g)	75.00(g)	100.00(g)





SHELLFISH (SQUID, CLAMS, CRABS, PRAWNS) /MORSKI PLODOVI	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week				
	50.00(g)	100.00(g)	150.00(g)	200.00(g)

Vegetables

GREEN LEAFY VEGETABLES (LETTUCE, SPINACH, SWISS C /ZELENO LISNATO POVRCE (SALATA, SPANAC, BLITVA...))	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week				
	25.00(g)	75.00(g)	125.00(g)	200.00(g)

LEGUMES (BEANS, PEAS, LENTILS, STRING BEANS, CHICK /LEGUMINOZE (PASULJ, GRASAK, SOCIVO,...))	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week				
	25.00(g)	75.00(g)	125.00(g)	200.00(g)

SOY-BASED FOODS /PROIZVODI OD SOJE	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week				
	25.00(g)	75.00(g)	125.00(g)	200.00(g)

POTATO /KROMPIR	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week				
	25.00(g)	75.00(g)	125.00(g)	200.00(g)

TOMATO FRESH /PARADAJZ SVEZ	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week				
	25.00(g)	50.00(g)	75.00(g)	100.00(g)


PEPPER FRESH /PAPRIKA SVEZA	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week				
	15.00(g)	25.00(g)	40.00(g)	60.00(g)


CUCUMBER FRESH /KRSTAVAC	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week				
	5.00(g)	7.00(g)	9.00(g)	12.00(g)


CABBAGE, BROCCOLI, CAULIFLOWER, KALE /BROKKOLI, KARFIOL, KELJ, KUPUS	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week				
	50.00(g)	75.00(g)	125.00(g)	200.00(g)


Fruits


CITRUS FRUITS (ORANGE, LEMON, TANGERIN, GRAPEFRUIT /CITRUSI	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week				

6) 4-5/week 7) 6-7/week				
	100.00(g)	130.00(g)	160.00(g)	200.00(g)

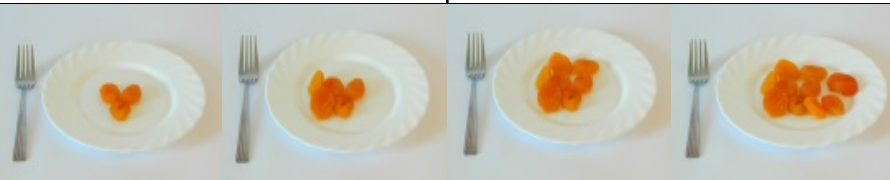
BERRY FRUITS (RASPBERRIES, STRAWBERRIES, BLUEBERRI /BOBICASTO VOCE (MALINE, JAGODE, BOROVNICE)	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week				
	25.00(g)	50.00(g)	75.00(g)	100.00(g)

GRAPES /GROZDJE	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week				
	50.00(g)	75.00(g)	100.00(g)	125.00(g)


BANANAS /BANANA	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week				
	100.00(g)	150.00(g)	200.00(g)	250.00(g)

APPLES, PEARS /JABUKE, KRUSKE	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week				
	50.00(g)	100.00(g)	150.00(g)	200.00(g)


SWEET CHERRIES, SOUR CHERRIES, PLUMS /VISNJA, TRESNJA	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week	50.00(g)	75.00(g)	100.00(g)	125.00(g)


DRIED FRUIT (RAISINS, DRIED PLUMS, DRIED FIGS, DRI /SUSENO VOCE	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week				
	50.00(g)	75.00(g)	100.00(g)	125.00(g)


Nuts


ALMONDS, WALNUTS, HAZELNUTS... /ORASASTI PLODOVI	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week				
	25.00(g)	30.00(g)	35.00(g)	40.00(g)


Grains and grain products

PASTA /TESTENINA	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week				
	100.00(g)	150.00(g)	250.00(g)	350.00(g)

RICE /PIRINAC	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week				
	150.00(g)	200.00(g)	300.00(g)	350.00(g)

BREAD, WHOLEGRAIN /HLEB CRNI	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week				
	40.00(g)	80.00(g)	120.00(g)	160.00(g)

BREAD, WHITE /HLEB	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week				
	40.00(g)	80.00(g)	120.00(g)	160.00(g)





CEREALS/MUSLI /ZITARICE	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week				
	40.00(g)	80.00(g)	120.00(g)	160.00(g)





Sweets

CHOCOLATE /COKOLADA	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week	20.00(g)	40.00(g)	60.00(g)	80.00(g)

6) 4-5/week 7) 6-7/week	
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BISCUITS (PLAZMA, TEA BISCUITS, PETTIT BEURRE) /KEKS	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week	30.00(g)	60.00(g)	90.00(g)	120.00(g)

WAFERS /NAPOLITANKE	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week				
	30.00(g)	60.00(g)	90.00(g)	120.00(g)

CAKES AND COOKIES /KOLACI , TORTE	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week				
	50.00(g)	80.00(g)	120.00(g)	150.00(g)




CANDIES AND LOLLIPOPS ETC. /BONBONE, LIZALICE	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week	10.00(g)	20.00(g)	30.00(g)	40.00(g)

Snacks

CHIPS, GRISSINI BREADSTICS, FLIPS, PRETZELS... /SLANE GRICKALICE	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week				
	30.00(g)	60.00(g)	90.00(g)	120.00(g)

Alcoholic beverages

HARD LIQUORS (BRANDY, VODKA, WHISKY...) /ZESTOKO PICE	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week	30.00(ml)	50.00(ml)	70.00(ml)	100.00(ml)

WINE /VINO	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week				
	100.00(ml)	150.00(ml)	200.00(ml)	250.00(ml)

BEER /PIVO	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week	250.00(ml)	300.00(ml)	500.00(ml)	1000.00(ml)

Hot beverages

FRUIT TEA /CAJ VOCNI	Consumed amount			
0) -				
1) never	150.00(ml)	200.00(ml)	300.00(ml)	400.00(ml)
2) less than once a month				
3) 1-3/month				
4) once per week				
5) 2-3/week				
6) 4-5/week				
7) 6-7/week				

HERBAL TEA /BILJNI CAJ	Consumed amount			
0) -				
1) never	30.00(ml)	50.00(ml)	70.00(ml)	100.00(ml)
2) less than once a month				
3) 1-3/month				
4) once per week				
5) 2-3/week				
6) 4-5/week				
7) 6-7/week				

COFFEE, TURKISH STYLE /KAFA TRSKA	Consumed amount			
0) -				
1) never	150.00(ml)	200.00(ml)	300.00(ml)	400.00(ml)
2) less than once a month				
3) 1-3/month				
4) once per week				
5) 2-3/week				
6) 4-5/week				
7) 6-7/week				

COFFEE, ESSPRESSO /KAFA ESPRESSO	Consumed amount			
0) -				
1) never	200.00(ml)	300.00(ml)	500.00(ml)	1000.00(ml)
2) less than once a month				
3) 1-3/month				
4) once per week				
5) 2-3/week				
6) 4-5/week				
7) 6-7/week				

COFFEE, INSTANT /NESS Kafa	Consumed amount			
0) -				
1) never	150.00(ml)	250.00(ml)	400.00(ml)	600.00(ml)
2) less than once a month				
3) 1-3/month				
4) once per week				
5) 2-3/week				
6) 4-5/week				
7) 6-7/week				

COFFEE SUBSTITUTES (CHICORY, BARLEY...) /ZAMENA ZA KAFU	Consumed amount			
0) -				
1) never	50.00(ml)	100.00(ml)	150.00(ml)	200.00(ml)
2) less than once a month				
3) 1-3/month				
4) once per week				
5) 2-3/week				
6) 4-5/week				
7) 6-7/week				

COCOA, NESQUIK /KAKAO	Consumed amount			
0) -				
1) never	150.00(ml)	200.00(ml)	300.00(ml)	400.00(ml)
2) less than once a month				
3) 1-3/month				
4) once per week				
5) 2-3/week				
6) 4-5/week				
7) 6-7/week				

Carbonated drinks

CARBONATED DRINKS WITH SUGAR /GAZIRANO PICE SA SECEROM	Consumed amount			
0) -				
1) never	150.00(ml)	300.00(ml)	500.00(ml)	1000.00(ml)
2) less than once a month				
3) 1-3/month				
4) once per week				
5) 2-3/week				
6) 4-5/week				
7) 6-7/week				

CARBONATED DRINKS, SUGARFREE /GAZIRANO PICE BEZ SECERA	Consumed amount			
0) -				
1) never	100.00(ml)	150.00(ml)	200.00(ml)	250.00(ml)
2) less than once a month				
3) 1-3/month				
4) once per week				
5) 2-3/week				
6) 4-5/week				
7) 6-7/week				

Fruit juices

FRESHLY SQUEEZED /VOCNI SOK - SVEZE	Consumed amount			
0) -				
1) never	200.00(ml)	400.00(ml)	600.00(ml)	1000.00(ml)
2) less than once a month				
3) 1-3/month				
4) once per week				
5) 2-3/week				
6) 4-5/week				
7) 6-7/week				

FROM CONCENTRATE /VOCNI SOK IZ KONCENTRATA	Consumed amount			
0) -				
1) never	100.00(ml)	200.00(ml)	300.00(ml)	400.00(ml)
2) less than once a month				
3) 1-3/month				
4) once per week				
5) 2-3/week				
6) 4-5/week				
7) 6-7/week				

Fats and oils

SUNFLOWER OIL /SUNCOKRETOVO ULJE	Consumed amount			
0) -				
1) never	10.00(ml)	15.00(ml)	20.00(ml)	25.00(ml)
2) less than once a month				
3) 1-3/month				
4) once per week				
5) 2-3/week				
6) 4-5/week				
7) 6-7/week				

OLIVE OIL - FOR COOKING /MASLINOVO ULJE - ZA KUVANJE	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week	10.00(ml)	15.00(ml)	20.00(ml)	25.00(ml)

OLIVE OIL - FOR SALADS /MASLINOVO ULJE ZA SALATE	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week	5.00(ml)	10.00(ml)	15.00(ml)	20.00(ml)

OTHER OILS /OSTALA ULJA	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week	5.00(ml)	10.00(ml)	15.00(ml)	20.00(ml)

FAT (PORK) /MAST (SVINJSKA)	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week	5.00(g)	10.00(g)	15.00(g)	20.00(g)

Dietary supplements

VITAMIN A /VITAMIN A	Consumed amount			
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week				

6) 4-5/week 7) 6-7/week	
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VITAMIN D /VITAMIN D	Consumed amount
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week	

VITAMIN E /VITAMIN E	Consumed amount
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week	

VITAMIN C /VITAMIN C	Consumed amount
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week	

FOLIC ACID /FOLNA KISELINA	Consumed amount
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week	

BETA-CAROTENE /BETA KAROTEN	Consumed amount	
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week		

CALCIUM /KALCIUM	Consumed amount	
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week		

MAGNESIUM /MAGNEZIUM	Consumed amount	
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week		

IRON /GVOZDJE	Consumed amount	
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week		

ZINC /CINK	Consumed amount	
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week		

SELENIUM /SELEN	Consumed amount	
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week		

MULTIVITAMIN WITHOUT MINERALS /MULTIVITAMIN BEZ MINERALA	Consumed amount	
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week		

MULTIVITAMIN WITH MINERALS /MULTIVITAMIN SA MINERALIMA	Consumed amount	
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week		

FISH OIL, OMEGA 3 ... /RIBLJE ULJE OMEGA 3	Consumed amount	
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week		

HERBAL DIETARY SUPPLEMENTS /BILJNI DODACI	Consumed amount	
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week		

PROBIOTICS AND PREBIOTICS /PROBIOTSKI I PREBIOTSKI PREPARATI	Consumed amount	
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week		

ALGAE-BASED DIETARY SUPPLEMENTS /PREPARATI NA BAZI ALGI	Consumed amount	
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week		

SPORTS SUPPLEMENTS (L-CARNITINE, CREATINE, AMINO A /SUPLEMENTI ZA SPORTISTE	Consumed amount	
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week		

WEIGHT LOSS SUPPLEMENTS /PREPARATI ZA MRSAVLJENJE	Consumed amount	
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week		

OTHER SUPPLEMENTS /OSTALI SUPPLEMENTI	Consumed amount	
0) - 1) never 2) less than once a month 3) 1-3/month 4) once per week 5) 2-3/week 6) 4-5/week 7) 6-7/week		

